LANSINOH®

Affinity™

Double Electric Breast Pump

Bisphenol A FREE

Custom Expression™ Technology

ComfortFit™ Breast Cushions • Independently Adjustable Cycle and Suction Levels
Easy-to-Use • Easy-to-Clean

LANSINOH

Congratulations On Your New Lansinoh Affinity Double Electric Breast Pump!

The Affinity Breast Pump provides all the features mums are looking for in a high-quality double electric breast pump.

- Allows for single or double pumping according to your preference
- Express more milk in half the time through double pumping
- Lansinoh Custom Expression™ technology allows you to independently adjust the cycle and suction settings for comfortable and efficient milk expression
- Provides two phases of expression – the Let-Down Phase and the Expression Phase – to simulate the natural rhythm of breastfeeding
- Specially developed to prevent milk back up in tubing and pump
- AC or battery operated—two options to fit your needs (batteries not included)
- Small, quiet and lightweight
- Easy to clean

If you have any questions, please call our customer service department on 0113 259 1425 or email customerservice@lansinoh.co.uk

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IMPORTANT SAFEGUARDS

The Affinity Breast Pump is a personal care item. If you are a mother who is infected with Hepatitis B, Hepatitis C or Human Immunodeficiency Virus (HIV), pumping breastmilk using the Lansinoh Affinity Breast Pump will not reduce or remove the risk of transmitting the virus to your baby through your breastmilk.

This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to other devices in the vicinity. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to other devices, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving device.
- Increase the separation between the equipment.
- Connect the equipment into an outlet on a circuit different from that to which the other device(s) are connected.
- Consult the manufacturer or field service technician for help.

When using electrical products, especially when children are present, basic safety precautions should always be maintained, including the following:

READ ALL INSTRUCTIONS BEFORE USING

Danger: To reduce the risk of electrocution:

- Always unplug this product immediately after using.
- Do not use while bathing.
- Do not place or store this product where it can fall or be pulled into a bath or sink.
- Do not place or drop pump into water or other liquid.
- Do not reach for an electrical product that has fallen into water. Unplug immediately.

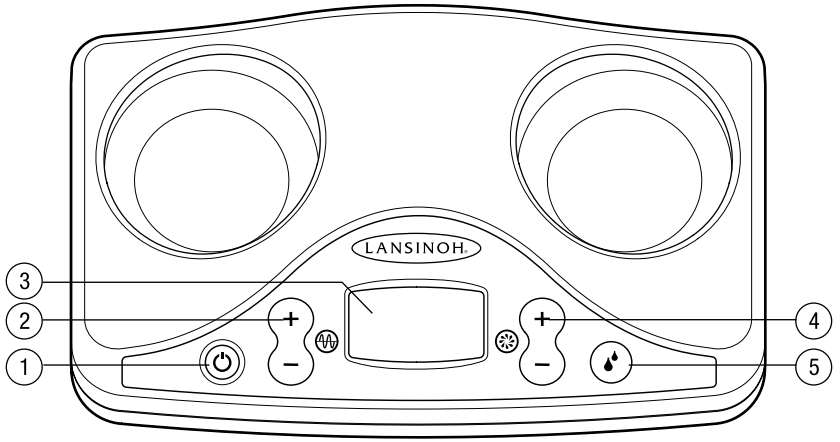
Warning: To reduce the risk of burns, electrocution, fire, or injury to persons:

- This product should never be left unattended when plugged in.
- Close supervision is necessary when this product is used near children.
- Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water.
- Keep the cord away from heated surfaces.
- Never use while sleeping or drowsy.
- Never drop or insert any object into any opening or tubing.
- Do not use outdoors with the AC adapter or operate where aerosol spray products are being used or where oxygen is being administered.

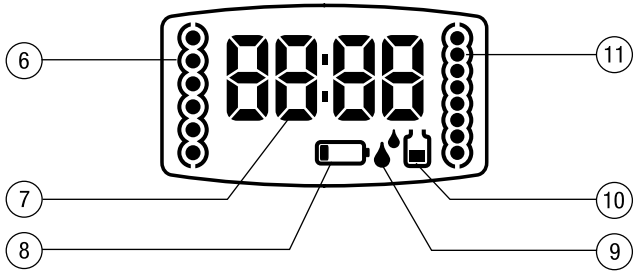
SAVE THESE INSTRUCTIONS

along with your receipt for future reference.

Basic Controls, Display And Features

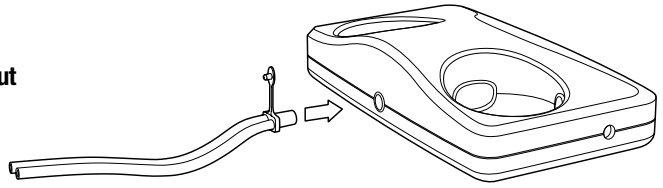


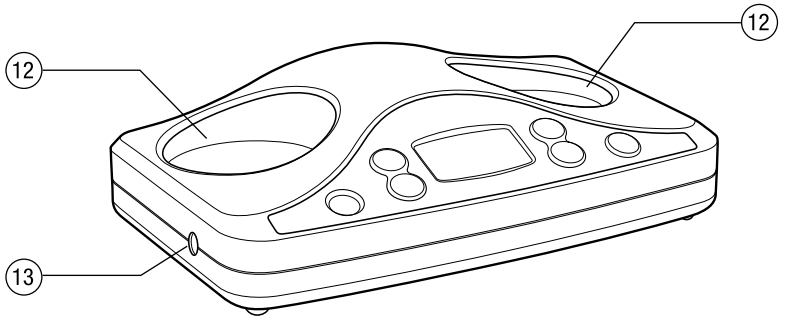
1. Power, On/Off button — Power, On/Off icon
2. Cycle increase/decrease button — Cycle icon
3. LCD screen
4. Suction increase/decrease button — Suction/Vacuum icon
5. Quick-Change button — Quick-Change icon

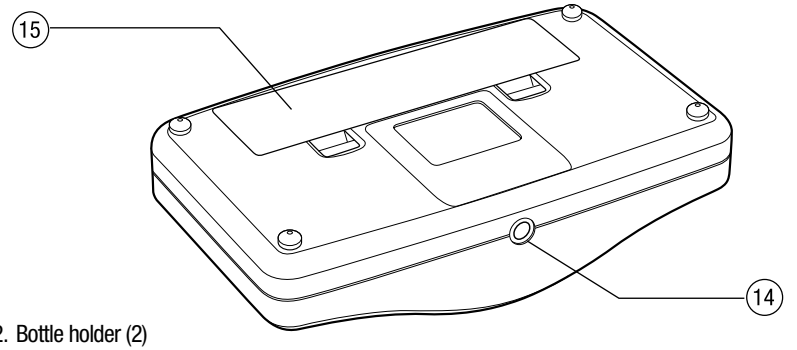


6. Cycle indicator
7. Time/level indicator
8. Low battery indicator
9. Let-down/Stimulation Phase indicator
10. Expression Phase indicator
11. Suction indicator

Tubing Adapter Input

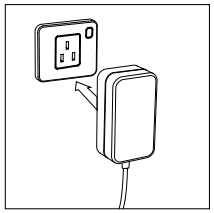




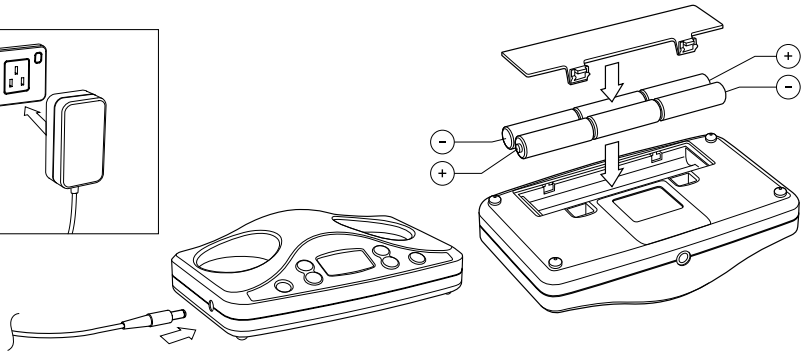


12. Bottle holder (2)
13. AC adapter input
14. Tubing adapter input
15. Battery compartment for 6 AA batteries (not included)

AC Adapter



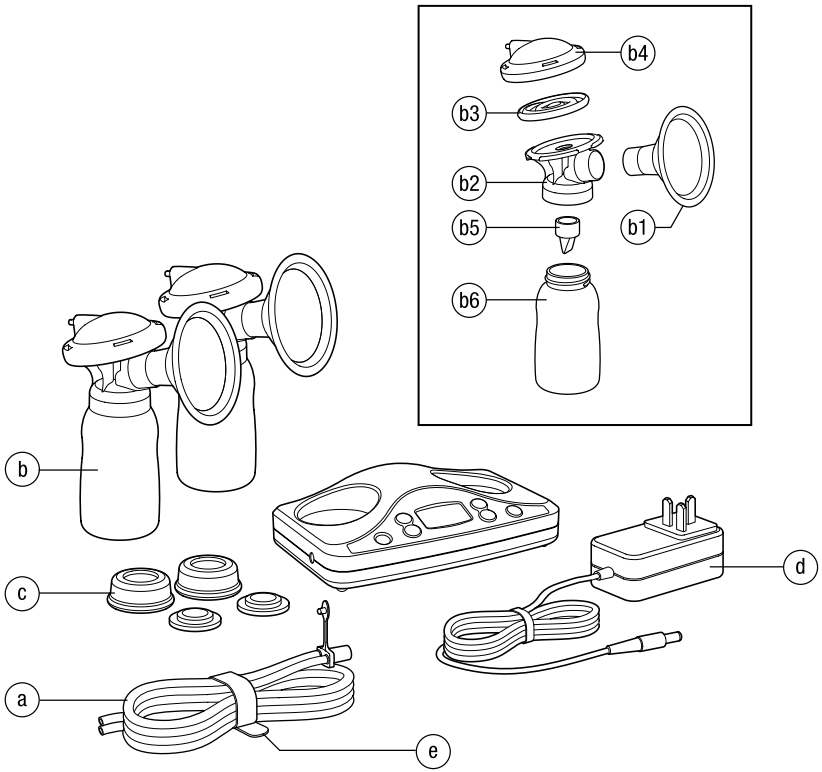
AA Battery Compartment (underneath pump)



Affinity Breast Pump Parts

Affinity Breast Pump Parts:

Item:	Item Number:
a. Tubing	#50403
b. Breastmilk Expression Set includes:	
b1. ComfortFit™ breast cushion (2)	#50408
b2. Breast cushion body (2)	#50415
b3. Diaphragm (2)	#50402
b4. Diaphragm Cap (2)	#50410
b5. White Valve (2 + 2 extra)	#50401
b6. 150ml Bottles (2)	#50414
c. Breastmilk Storage Bottle Ring (2) and Sealing Disk (2)	#50406 & #50413
d. AC Adapter/Power Cord	#50455
e. Velcro Strap for Tubing	#50417



Two extra valves are included. Larger size cushions are separately available for sale.

To order these items or replacement parts, please visit www.lansinoh.co.uk/customerservice or call 0113 259 1425 and reference the item numbers above.

Cleaning Instructions

Before the first use and after each use thoroughly clean and dry the pump

- Always wash hands thoroughly with soap and water before handling the Breastmilk Expression Set, the pump, or other attachments.
- Take the Breastmilk Expression Set apart to clean.
- Ensure that the tubing is free of any liquid. Do not operate the pump if liquid is visible in the tubing.

Cleaning Instructions

Unless otherwise instructed by your healthcare provider, follow these sterilising and cleaning instructions.

Sterilisation Prior To First Use

1. Prior to using the set for the first time, disassemble and boil all parts of the Breastmilk Expression Set for 10 minutes.
   - ***Note:*** *Ensure you use enough water to keep parts afloat while boiling.*
   - ***Note: Do not boil the tubing and tubing connector.***
2. Remove all parts from water immediately after boiling.
3. Completely air or towel dry before assembly and next use.
   - ***Note:*** *Partially dried parts may affect operation of the pump. Please ensure parts are completely dry before use.*

Cleaning

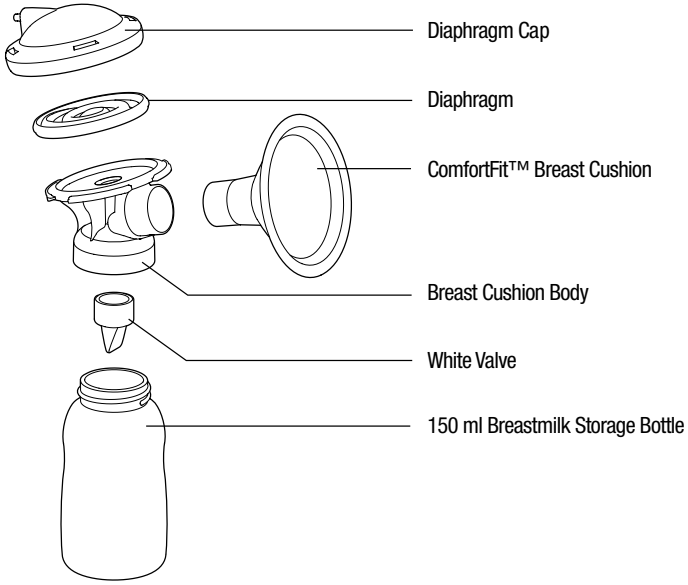
- Set aside the tubing and tubing connector. These items do not need to be washed or sterilised because the diaphragm prevents them from coming into contact with the breastmilk.
- All parts of the Breastmilk Expression Set may be cleaned in the upper compartment of your dishwasher or hand washed with washing up liquid in hot water. DO NOT use solvents or abrasives. Rinse with hot, clean water.
- To clean your Breast Pump, wipe the base with a damp cloth, using only water or mild soap.
- ***Never wash the tubing or the tubing connector.***

IT IS VERY IMPORTANT THAT ALL PARTS OF YOUR AFFINITY PUMP ARE COMPLETELY DRIED BEFORE EACH USE. IF ALL PARTS ARE NOT COMPLETELY DRY THIS WILL AFFECT THE PERFORMANCE.
NEVER WASH OR BOIL TUBING AND TUBING CONNECTOR AS THIS WILL PREVENT YOUR PUMP FROM FUNCTIONING PROPERLY.

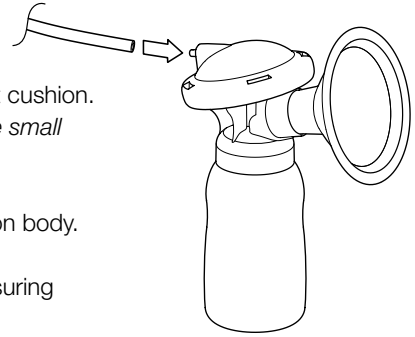
Assembling The Breastmilk Expression Set

Your Breastmilk Expression Set comes preassembled in Lansinoh product packaging.

Clean Breastmilk Expression Set parts (except tubing and tubing connector) as described in the "Cleaning Instructions" section (see page 6). Once all parts are clean and dry, assemble the expression set as follows:



1. Place purple diaphragm on top of breast cushion body, twist clear diaphragm cap onto breast cushion body, enclosing the purple diaphragm. Diaphragm can be used on either side. Ensure diaphragm cap is twisted tightly into place.
2. Push breast cushion into breast cushion body.
3. Gently secure white valve into the bottom of breast cushion.
   Note: *Use caution when handling and cleaning the small white valve (see page 6).*
4. Screw breastmilk storage bottle onto breast cushion body.
5. Insert tubing into back of clear diaphragm cap, ensuring a tight fit.



6. Insert tubing connector, at end of tubing, into tubing adapter input on the pump.
7. Now you are ready to use the pump.

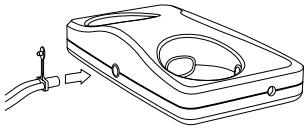
Pumping Tips

The most important part of successful pumping is the let-down reflex. This is when your milk begins to flow freely. Warm wet compresses applied to the breasts and light, circular massaging of the breasts prior to and/or during a pumping session will help this natural reflex occur. Thinking of or looking at your baby, or a photo of your baby, may also be helpful. Some mums can achieve more than one let-down during a pumping session. You may be able to achieve a second or third let-down during your pumping session by pressing the Quick-Change button.

How Long To Pump

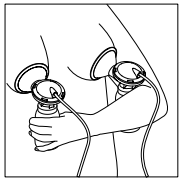
Double pumping, compared to single pumping, will reduce the time you spend. It is important to remember that successful pumping is a learned skill. Breastmilk is produced on a supply and demand basis: expressing your breastmilk regularly stimulates and maintains your milk supply. If breastfeeding problems occur, contact your midwife, breastfeeding counsellor or other healthcare professional.

Using The Lansinoh Affinity Breast Pump

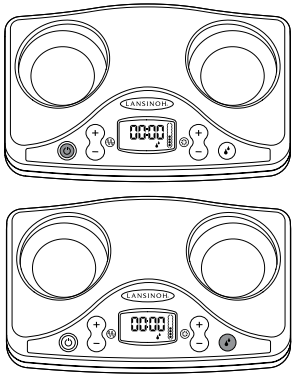


For Double Pumping:

1. Make sure both tubes are attached to the tubing connector and insert into pump base.



2. Hold the Breastmilk Expression Set to your breasts so that your nipples are centred.



3. Press the On/Off button to begin pumping. Lansinoh Affinity Pump will start in the Let-Down Phase. You will hear a higher pitched sound in short cycles.

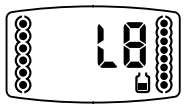
   After two minutes, the Let-Down Phase will automatically change to the Expression Phase. This is characterised by a lower pitch sound and longer cycles.

   If you prefer to bypass the pre-set Let-Down Phase or if your milk lets down sooner than two minutes, press the Quick-Change button to move to the Expression Phase.
   Note – the Expression Icon will appear in the display to signify that you are in the Expression Phase.

4. While in the Expression Phase, you can independently adjust both the cycle and suction settings. Adjust the suction and cycle to your comfort level while pumping by pressing the increase (+) or decrease (–) button next to the suction icon, or cycle icon.
Please make one setting change at a time to experience the difference before making further adjustments.

Figure 1

Figure 2



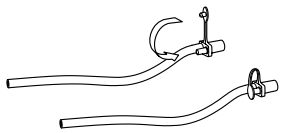
5. For maximum milk flow, the cycle setting (on the left side of the LCD screen) should be increased to L6, as indicated in Figure 1. This actually reduces the cycle speed, but increases the cycle length. A longer cycle length (and slower pumping rhythm), after let-down has occurred, allows the pump to more effectively draw out milk.

   After you increase the cycle setting to L6, the suction setting (on the right side of the LCD screen) should be increased to L8, as indicated in Figure 2, or the maximum level that you find comfortable. This increases the suction power of the breast pump and combined with the longer cycle length provides the greatest level for milk expression.

6. When a pumping session is finished, turn the pump off with the on/off button. After turning the pump off, the display will remain on for a few seconds. Make sure there is no suction on the nipple(s) before removing the breast cushions. If necessary, break the suction by inserting a finger between the breast cushion and the breast.

   Note: *LCD display light will automatically switch off if no buttons are pressed for 20 seconds in order to save power. If the pump is left on but unattended for more than 30 minutes, the pump will automatically power off.*

For Single Pumping:



Remove one tube and close the tubing connector. Make sure that the plug is placed into the pipe outlet properly and pushed in securely.
Please don't forget to thoroughly clean all parts (other than tubing and tubing connector) after each use as indicated on page 6.

Adjustable for Maximum Milk Flow and Comfort

Your Lansinoh Affinity Breast Pump allows you to adjust both cycle and suction settings. Choose the settings that are most comfortable for you and result in the greatest milk expression.

Cycle Buttons

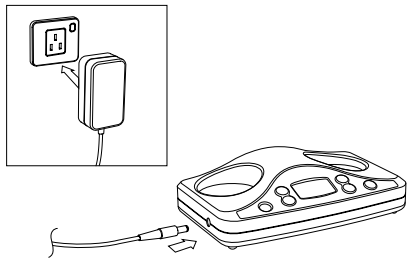
These control the cycle length of the breast pump. The lower cycle settings create a shorter cycle length and faster pumping rhythm, which is helpful for eliciting milk let-down. Once let-down has occurred, you may push the (+) button to increase the cycle length, which creates a slower pumping rhythm, for more powerful milk expression.
Note: *The highest* cycle *setting (L6) actually creates the slowest pumping rhythm, while the lowest* cycle *setting (L1) creates the fastest pumping rhythm. The highest* cycle *setting combined with the highest suction level provides the greatest level for milk expression.*

Suction Buttons

These control the suction strength. Push the (+) button to increase the suction. Continue to push the (+) button to increase the suction to the highest level comfortable for you. Push the (-) button to decrease the suction. Your pump can be adjusted from suction levels 1 to 8.
Note: *If the suction on your breast reaches uncomfortable levels, reduce the suction level by pushing the (-) Suction button, or disconnect the pump connector from its socket on the electric pump.*

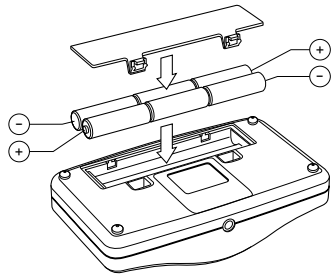
Power Options

The pump may be operated under any of the following power supply modes:



AC Adapter (included)

Connect the AC adapter to the power socket located on the side of the pump. Then connect the AC adapter in to the main power supply. Electrical safety can only be achieved when the breast pump is connected to the AC Power Adapter supplied with the product (See "Technical Data" section, page 17)



6 AA Alkaline Or Rechargeable Batteries

(not included) Open the battery cover under the pump and insert 6 AA batteries. Make sure the polarity (+) and (-) is correct as indicated. Close the compartment by gently pressing the cover until it snaps into place. Remove batteries if pump is not in use for a long period of time. Dispose of batteries according to regulations for environmental protection and recycling. Replace batteries as a simultaneous set. Do not mix old and new batteries. Do not mix alkaline, standard (carbon-zinc), or rechargeable (nickel-cadmium) batteries.

Power Options (continued)

If batteries are in the pump, but AC adapter is in use, the pump will use the adapter to power the pump, not the batteries. For best performance, we recommend using your pump with the AC adapter provided. The AC adapter provided has a universal AC input and can be used with 120Vac and 230Vac systems with 50Hz and 60Hz mains power. The Affinity pump is intended to only be used with the provided external adapter (Lansinoh part # 50455) by BridgePower Corporation, JMW110-KA-09-00-G-07, with electrical rating 110-230 V AC, 50-60Hz.

Breastmilk Storage And Thawing Guidelines For Healthy Term Babies

Check with your midwife, health visitor or breastfeeding counsellor for specific storage instructions. When you are freezing your breastmilk, do not fill containers more than ¾ full to allow for expansion from freezing. Date containers with the date you expressed your milk for future reference.

LANSINOH	Self-contained freezer approx. -18 °C	Freezer section in refrigerator	Refrigerator < 4 °C	Room Temperature 19 °C to 26 °C
Fresh Breastmilk	Up to 6 months	Up to 2 weeks	Up to 72 hours	Up to 6 hours
Thawed Breastmilk	Do not refreeze	Do not refreeze	24 hours	1 hour

Source: La Leche League International, 2009

Note: *DO NOT store breastmilk in freezer door. The door tends to be the warmest part of the freezer.*
Date all breastmilk and use the oldest breastmilk first.

Thawing

Thaw frozen milk in the refrigerator or place the containers under cool running water, gradually warming the water until the milk is thawed. Thawed milk can be kept in a refrigerator for up to 24 hours.

NOTE: *DO NOT refreeze milk once it is thawed.*

Gently shake thawed milk before feeding to baby to mix the layers that have separated. Breastmilk is not homogenized and the “cream” will rise to the top of the bottle. Breastmilk can vary in colour and consistency depending upon the time of the day that the milk was expressed, what you have eaten, and the age of the baby at the time of pumping.

NOTE: DO NOT MICROWAVE HUMAN MILK! Microwaving alters the composition of the milk. Microwaving also may create “hot spots” in the milk that could burn the infant.

NOTE: DO NOT thaw breastmilk in hot or boiling water.

Lansinoh Breastmilk Storage Bags are specially designed to be used with your pump

- Pre-sterilised for safety
- Made of food-safe polyethylene
- Gusseted bottom so bag can stand
- Write on tab outside the fill area for adding customised use by date
- Double zipper for secure seal
- Bags come in a tissue dispenser for convenience

Troubleshooting

Troubleshooting The Lansinoh Affinity Breast Pump

Interruption of Electrical Service

If you experience an interruption in the normal operation of the electrical and/or mechanical functioning of the pump, simply do the following:

- Unplug the AC adapter cord from the electrical outlet.
- Wait a few seconds, and then plug the AC adapter cord back into the electrical outlet.

Discomfort While Pumping

If you feel any discomfort, you may need a different size flange.
Visit www.lansinoh.co.uk/customerservice or call 0113 259 1425.

Decreased Suction

If it feels like the suction has decreased, try the following:

- **Set cycle to its highest level (L6). The highest cycle setting creates a slower pumping rhythm, which combined with the highest suction level (L8), allows the Affinity breast pump to operate at its greatest level for milk expression.**
- Remove the tubing and tubing connector from the back of the pump and place a finger over the pump outlet. If you feel suction, the pump is operating properly, but the Breastmilk Expression Set may not be correctly assembled or the white valve may be damaged. If no suction is felt on your finger, try unplugging the adapter from the electrical outlet, wait a few seconds, and plug it back into the electrical outlet.
- Make sure the Breastmilk Expression Set has been properly assembled. Check the assembly information in the section “Assembly Instructions”, page 7.
- Inspect the white valve for a tear or pinhole. This component is critical to achieving proper suction. Replace the white valve with one of the spare valves provided with the product.
- When single pumping, check the tubing adapter on the back of the pump to make sure it is closed for single pumping. If open, close the adapter.
- If double pumping, ensure that the breastmilk expression set is on both breasts before starting the pump.

Increased suction level for single pumping:

If it feels like the suction is higher than usual when single pumping, check that the plug for the pipe is clean and that the airway in the plug is not blocked.

Breastmilk Build-up in Breast cushion or Breast cushion Body

If breastmilk does not appear to drain fast enough into the bottle, reduce the suction setting on the pump to allow the milk to drain. Once milk has drained into the bottle, you may gradually increase the suction level.

Warranty

Limited Consumer Product Warranty

This product is warranted to the original consumer purchaser (the “purchaser”) to be free from defects in material and workmanship which are not commercially acceptable for the period of one year from the date of purchase on the pump mechanism and the period of 90 days on all other product components. This warranty gives you specific legal rights and you may also have other rights, which vary, by location. Your statutory rights are unaffected by this warranty.

LANSINOH MAKES NO EXPRESS WARRANTY OF ANY KIND REGARDING THE PRODUCT OTHER THAN THOSE WARRANTIES EXPLICITLY SET FORTH HEREIN. ANY IMPLIED WARRANTY, INCLUDING ANY IMPLIED WARRANTY OF MERCHANTABILITY OR ANY IMPLIED WARRANTY OF FITNESS FOR A PARTICULAR PURPOSE, TO THE EXTENT PERMITTED BY LAW, SHALL BE LIMITED IN DURATION TO A PERIOD OF 90 DAYS FROM THE DATE OF PURCHASE BY THE ORIGINAL PURCHASER.

In the event the product is found by Lansinoh to not meet the above limited warranty, as purchaser’s sole and exclusive remedy Lansinoh will repair or, at the option of Lansinoh, replace this product without charge for such replacement or parts or labour. This warranty does not apply to any product that has been subjected to misuse, abuse, alteration or for normal wear and tear. Only Lansinoh brand replacement parts are recommended for use with Lansinoh breastfeeding products. Improper or incorrectly performed maintenance or repair, or use of non-Lansinoh brand replacement parts may limit or invalidate this warranty.

TO THE EXTENT PERMITTED BY LAW, LANSINOH SHALL NOT BE LIABLE FOR ANY INCIDENTAL OR CONSEQUENTIAL DAMAGES INCLUDING, BUT NOT LIMITED TO, REPLACEMENT COSTS RESULTING FROM THE BREACH OF ANY WRITTEN OR IMPLIED WARRANTY.

If you wish to make a claim under this warranty, please telephone 0113 259 1425. You will be given a Freepost address to return the product, if necessary, together with your original dated bill of sale or other dated proof of purchase and a brief statement of the problem.

Declarations for Electromagnetic Compatibility (EMC)

Electromagnetic Emissions - Table 201 according to EN 60601-1-2

Guidance and manufacturer's declaration - electromagnetic emissions

The Affinity Double Electric Breast Pump is intended for use in the electromagnetic environment specified below. The customer or the user of the Affinity Double Electric Breast Pump should assure that it is used in such an environment.

Emissions test	Compliance	Electromagnetic environment - guidance
RF emissions CISPR 11	Group 1	The Affinity Double Electric Breast Pump uses RF energy only for its internal function. Therefore, its RF emissions are very low and are not likely to cause any interference in nearby electronic equipment.
RF emissions CISPR 11	Class B	The Affinity Double Electric Breast Pump is suitable for use in all establishments, including domestic establishments and those directly connected to the public low-voltage power supply network that supplies buildings used for domestic purposes.
Harmonic emissions IEC 61000-3-2	Class A	
Voltage fluctuations/ flicker emissions IEC 61000-3-3	Complies	

Electromagnetic Immunity (all devices) - Table 202 according to EN 60601-1-2

Guidance and manufacturer's declaration - electromagnetic immunity

The Affinity Double Electric Breast Pump is intended for use the electromagnetic environment specified below. The customer or the user of the Affinity Double Electric Breast Pump should assure that it is used in such an environment.

IMMUNITY test	IEC 60601 test level	Compliance level	Electromagnetic environment - guidance
Electrostatic discharge (ESD) IEC 61000-4-2	± 6 kV contact ± 8 kV air	± 6 kV contact ± 8 kV air	Floors should be wood, concrete or ceramic tile. If floors are covered with synthetic material, the relative humidity should be at least 30%.
Electrical fast transient/burst IEC 61000-4-4	± 2 kV for power supply lines ± 1kV for input/output lines	± 2 kV for power supply lines ± 1kV for input/output lines	Mains power quality should be that of a typical commercial or hospital environment.
Surge IEC 61000-4-5	± 1 kV line(s) to line(s) ± 2kV line(s) to earth	± 1 kV line(s) to line(s) ± 2kV line(s) to earth	Mains power quality should be that of a typical commercial or hospital environment.
Voltage dips, short interruptions and voltage variations on power supply input lines IEC 61000-4-11	<5 % UT (0,5 cycle) 40 % UT (5 cycles) 70 % UT (25 cycles) <5 % UT for 5s	<5 % UT (0,5 cycle) 40 % UT (5 cycles) 70 % UT (25 cycles) <5 % UT for 5s	Mains power quality should be that of a typical commercial or hospital environment.
Power frequency (50/60 Hz) magnetic field IEC 61000-4-8	3 A/m	3 A/m	Power frequency magnetic fields should be at levels characteristic of a typical locations in a typical commercial or hospital environment.

NOTE: U_T is the a.c mains voltage prior to application of the test level.

Recommended separation distances between portable and mobile RF Communications Equipment and the Affinity Double Electric Breast Pump - Table 206 according to EN 60601-1-2

Recommended separation distances

Recommended separation distances between portable and mobile RF communications and the Affinity Double Electric Breast Pump

The Affinity Double Electric Breast Pump is intended for use in an electromagnetic environment in which radiated RF disturbances are controlled. The customer or the user of the Affinity Double Electric Breast Pump can help prevent electromagnetic interference by maintaining a minimum distance between portable and mobile RF communications equipment (transmitters) and the Affinity Double Electric Breast Pump as recommended below, according to the maximum output power of the communications equipment.

Rated maximum output power of transmitter W	Separation distance according to frequency of transmitter m		
	150 kHZ to 80 MHz $d = \left[\frac{3,5}{V_1}\right]\sqrt{P}$	**80 MHZ to 800 MHz** $d = \left[\frac{3,5}{E_1}\right]\sqrt{P}$	**800 MHZ to 2,5 GHz** $d = \left[\frac{7}{E_1}\right]\sqrt{P}$
0,01	11,7cm	3,5cm	7cm
0,1	36,9cm	11cm	22cm
1	1,2m	35cm	70cm
10	3,7m	1,1m	2,2m
100	11,7m	3,5m	7m

For Transmitters rated at a maximum output power not listed above, the recommended separation distance d in metres (m) can be estimated using the equation applicable to the frequency of the transmitter. Where P is the maximum output power rating of the transmitter in watts (W) according to the transmitter manufacturer.

NOTE 1 At 80 MHz and 800 Mhz, the separation distance for the higher frequency range applies.

NOTE 2 These guidelines may not apply in all situations. Electromagnetic propagation is affected by absorption and reflection from structures, objects and people.

Vacuum (approx.)

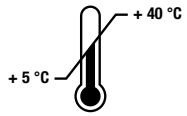
-50 … -250 mmHG
-7 … -33 kPa
30 … 115 cpm

AC adapter

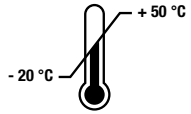
BridgePower Corporation
(JMW110-KA-09-00-G-07)
Protection Class II

100 - 230 V
50 / 60 HZ
0,4 A

ISO 13485
ISO 9001
CE 1007
EN 980, EN1041
EN14350 (for part numbers
50414, 50406, 50413)



Operation



Transport / Storage

Operation

20% - 80%
Humidity

Transport / Storage

20% - 95%
Humidity

EN60601-1-2 (2007)

Electromagnetic Compatibility

6 x AA

Batteries (not included) - Rechargeable batteries must be fully charged before inserting into the pump unit.

MEDICAL EQUIPMENT WITH RESPECT TO ELECTRICAL SHOCK, FIRE AND MECHANICAL HAZARDS ONLY IN ACCORDANCE WITH 60601-1 ABD CSA C22:2 No: 60950-1
CONTROL NUMBER: 44TS
UL File No E323414
CSA File No E323414

Type BF Applied Part

CE 1007

UK Must not be disposed of together with household refuse.

If you have any questions, please call our customer service department:

Lansinoh Laboratories Inc.
Jason House, Kerry Hill, Horsforth
Leeds, Yorkshire LS18 4JR, United Kingdom

Tel: +44 (0) 113 2591425
www.lansinoh.co.uk
help@lansinoh.co.uk

Enko Elektronik Kontrol Sistemleri
10006 Sokak No:64 A.O.S.B Çiğli İZMİR - TURKEY

Quick Start Instructions

If you are using the Lansinoh® Affinity Breast Pump for the first time it is important to read the full instruction manual before you begin.

Quick-Start Instructions

	Indicator on LCD screen
Start with Phase I Turn on power by pressing the on/off button. This will take you into Phase I - the Let-Down (Stimulation) Phase. You will hear a higher pitched sound in short cycles.	
Phase II (Expression Phase) The pump will automatically switch into phase II after two minutes. If you want to bypass or reduce phase I press Quick-Change button. The pump will switch to Phase II immediately. This is characterised by a lower pitch sound and longer cycles.	
Adjust cycle While you are in phase II you may adjust cycle level by pressing (+) or (-) next to cycle icon. *The highest* cycle *setting (L6) actually creates the slowest pumping rhythm, while the lowest* cycle *setting (L1) creates the fastest pumping rhythm. The highest* cycle *setting combined with the highest suction level provides the greatest level for milk expression.*	**L1 up to L8**
Adjust suction While you are in phase I or phase II you may adjust suction level by pressing (+) or (-) next to suction icon. *If the suction on your breast reaches uncomfortable levels, reduce the suction level by pushing the (-) Suction button, or disconnect the pump connector from its socket on the electric pump.*	**L1 up to L6**
Change to Phase I (Let Down Phase) At any time during Expression phase you can switch back to phase I (Let Down Phase) by pressing the Quick-Change Button.	
Stop pumping Turn the pump off with on/off button.	